Mississippi Medicaid Roads to Good Health Wellness Program

The Division of Medicaid in its continuing effort to support good health for Mississippians encourages all beneficiaries to utilize the benefits provided in the Roads to Good Health Wellness Program. The Division of Medicaid reimburses for certain wellness services for eligible beneficiaries and encourages health care providers to utilize current evidence-based guidelines and recommendations from the American Cancer Society, American Diabetes Association, and the American Heart Association in providing wellness services to their patients.

Wellness services covered by Mississippi Medicaid include:

- Annual health screening/Physical exam
- Cardiovascular screening
- Diabetes screening
- Cervical and vaginal cancer screening
- Screening mammography
- Colorectal cancer screening
- Prostate cancer screening
- Bone density study
- Glaucoma screening
- Influenza vaccine
- Pneumococcal vaccine
- EPSDT services

Annual Health Screening/Physical Exam

As authorized in House Bill 1434 during the 2004 Legislative Session, the Division of Medicaid covers annual health screenings. Through this provision, eligible Mississippi Medicaid beneficiaries are encouraged to have an annual health screening, or physical exam. Appropriate age-related screenings such as those listed below will be reimbursed separately when performed as part of the annual physical exam. The annual physical exam does not count toward the physician visit limit of twelve (12) per fiscal year and is covered after the limit is reached. The physical exam is exempt from copayment. Refer to Section 53.18 in the Mississippi Medicaid Provider Manual for policy concerning physical examinations.

Cardiovascular Screening

The Division of Medicaid will pay for an annual screening of cholesterol, lipids, and triglyceride levels.

Diabetes Screening

An annual screening for diabetes is covered. The screening may include appropriate laboratory and urine studies.

Cervical and Vaginal Cancer Screening

A Pap test and a pelvic exam are covered yearly for women.

Screening Mammography

The Division of Medicaid covers annual mammography for women beginning at age 40.

Colorectal Cancer Screening

Beginning at age 50, or individuals who are <50 and identified as high risk, a yearly screening for occult blood is covered. Additionally, a flexible sigmoidoscopy or barium enema is covered every 5 years, or a colonoscopy is covered every 10 years.

High risk individuals have one or more of the following colorectal cancer risk factors:

- A personal history of colorectal cancer or adenomatous polyps
- A personal history of chronic inflammatory bowel disease (Crohn's disease or ulcerative colitis)
- A strong family history of colorectal cancer or polyps (cancer polyps in a 1st degree relative [parent, sibling, or child] younger than 60 or in two (2) or more 1st degree relatives of any age)
- A known family history of hereditary colorectal cancer syndromes such as familial adenomatous polyposis (FAP) or hereditary non-polyposis colon cancer (HNPCC)

Prostate Cancer Screening

A prostate-specific antigen (PSA) blood test and digital rectal examination (DRE) are covered annually for men beginning at age 50. Both screenings are covered annually beginning at age 45 for men of African-American descent.

Bone Density Studies

Bone density studies are allowed every 24 months for women age 65 and older.

Vision and Glaucoma Screening

Eye exams are covered as specified in section 29.0 of the Mississippi Medicaid Provider Policy Manual.

Influenza and Pneumonia Vaccines

Influenza and Pneumonia vaccines are covered services for both children and adults under Mississippi Medicaid. Refer to section 77.05 of the Mississippi Medicaid Provider Manual for policy for adult vaccines and section 77.04 for vaccines for children.

Early Periodic Screening, Diagnosis, and Treatment Program (Mississippi Medicaid Cool Kids-EPSDT))

The EPSDT program, a mandatory service under Medicaid, provides preventive and comprehensive health services for Medicaid-eligible children and youth up to age twenty-one (21). Please refer to section 73.0 of the Mississippi Medicaid Provider Manual for policy concerning EPSDT services.

For billing guidelines, refer to the "Wellness Benefits" link on the Mississippi Medicaid website, www.medicaid.ms.gov, and click on "Wellness Benefits".